



The Need

For the 20% of Americans living with a treatable mental health condition, stigma, affordability, difficulty of access, a national shortage of behavioral health providers, and/or any number of other factors often create serious obstacles to care.

Consider this snapshot of today's current mental health landscape:

- 1 in 5 Americans—approximately 65 million people—are affected by a treatable mental health condition every year.
- 50% of Americans will experience a diagnosable mental health condition in their lifetime.
- Mental health issues are the leading cause of disability in the U.S. based on the public health disease burden.
- Serious mental health conditions are associated with \$267 billion in lost earnings every year.
- Mental health funding was cut at the state level by \$4.5 billion from 2009-2012.

Mental Health America (MHA), the country's leading nonprofit organization dedicated to helping all people live mentally healthier lives, believes it has an urgent obligation to offer:

- Wellness, prevention, and resiliency tools to the 80% of Americans working to maintain their mental fitness or wellness, and
- Ways to continuously empower and encourage Americans living with mental health conditions to find and use the help they need.

The Solution

MHA, in partnership with Star Group and other innovative businesses, is developing MyMindSource™, an innovative, technology-driven solution to offer significantly more Americans education and cutting-edge behavioral health tools. The focus of this initiative is to reduce or eliminate obstacles that people face regarding mental health care.

To learn more, please contact:

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