



## The Need

For the 20% of Americans living with a treatable mental health condition, stigma, affordability, difficulty of access, a national shortage of behavioral health providers, and/or any number of other factors often create serious obstacles to care.

Consider this snapshot of today's current mental health landscape:

- 1 in 5 Americans—approximately 65 million people—are affected by a treatable mental health condition every year.
- 50% of Americans will experience a diagnosable mental health condition in their lifetime.
- Mental health issues are the leading cause of disability in the U.S. based on the public health disease burden.
- Serious mental health conditions are associated with \$267 billion in lost earnings every year.
- Mental health funding was cut at the state level by \$4.5 billion from 2009-2012.

Mental Health America (MHA), the country's leading nonprofit organization dedicated to helping all people live mentally healthier lives, believes it has an urgent obligation to offer:

- Wellness, prevention, and resiliency tools to the 80% of Americans working to maintain their mental fitness or wellness, and
- Ways to continuously empower and encourage Americans living with mental health conditions to find and use the help they need.

## The Solution

MHA, in partnership with Star Group and other innovative businesses, is developing MyMindSource™, an innovative, technology-driven solution to offer significantly more Americans education and cutting-edge behavioral health tools. The focus of this initiative is to reduce or eliminate obstacles that people face regarding mental health care.

To learn more, please contact:

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